

IMPORTANT: Please send this completed form to the hospital where you will have your procedure/surgery. The hospital needs to receive all three forms at least one week prior to your admission. We also need any recent specialist letters. You can hand deliver, fax, photograph or scan (legibly) and email, or post the forms. If you post the forms, please allow for 1-2 extra weeks for delivery.

Please complete this questionnaire carefully as the information you supply helps us to provide you with the best and safest possible care during your stay at our hospital. The questionnaire has four sections:

- A** Your general health
- B** In preparation for your centre admission
- C** In preparation for your procedure
- D** Your current medicines

Surname (family name): _____

First name (s): _____

Hospital Administration only
(Patient label)

To support your ongoing care, your discharge information will be sent to your nominated GP. If you do NOT want this, please tick

Surgeon _____

NHI (if known) _____

Your Occupation (optional) _____

All questions in this questionnaire are about the person being treated at the hospital (the patient). If you are filling this out for the patient, only provide information relating to the patient's health.

Section A Your General Health

| A1. MEDICAL PROCEDURE HEALTH ALERTS | | | | |
|---------------------------------------|--------------------------|--------------------------|--|---|
| Do any of the following apply to you? | | | | |
| Q | Yes | No | | If Yes |
| 1 | <input type="checkbox"/> | <input type="checkbox"/> | Difficulty climbing more than a flight of stairs | What restricts this activity? |
| 2 | <input type="checkbox"/> | <input type="checkbox"/> | Motion sickness | mild <input type="checkbox"/> moderate <input type="checkbox"/> severe <input type="checkbox"/> |
| 3 | <input type="checkbox"/> | <input type="checkbox"/> | Jaw problems (difficulty opening mouth) | Specify: |
| 4 | <input type="checkbox"/> | <input type="checkbox"/> | Problems with a previous anaesthetic | Specify: |
| 5 | <input type="checkbox"/> | <input type="checkbox"/> | Family history of problems with an anaesthetic | Specify: |
| 6 | <input type="checkbox"/> | <input type="checkbox"/> | Pacemaker or heart valve replacement | Specify: |
| 7 | <input type="checkbox"/> | <input type="checkbox"/> | Joint implants | Specify: |
| 8 | <input type="checkbox"/> | <input type="checkbox"/> | Other implant or prostheses and metalware | Specify: |
| 9 | <input type="checkbox"/> | <input type="checkbox"/> | Substance use or dependency | Specify: |
| 10 | <input type="checkbox"/> | <input type="checkbox"/> | Former smoker | When did you quit? |
| 11 | <input type="checkbox"/> | <input type="checkbox"/> | Currently on smoking cessation treatment | Specify: |
| 12 | <input type="checkbox"/> | <input type="checkbox"/> | Current smoker | How many per day? |
| 13 | <input type="checkbox"/> | <input type="checkbox"/> | Vaping | How many times per day? |
| 14 | <input type="checkbox"/> | <input type="checkbox"/> | Pregnant or possibly pregnant | Approximate due date: |
| 15 | <input type="checkbox"/> | <input type="checkbox"/> | Breastfeeding | |
| 16 | <input type="checkbox"/> | <input type="checkbox"/> | MedicAlert bracelet or necklace wearer | Specify: |

Surname (family name)

Hospital Administration only
(Patient label)

First name (s)

Section A Your General Health (continued)

A2. YOUR MEDICAL CONDITIONS

Do you currently have, or have you previously had, any of the following conditions?

If Yes, please circle any applicable options and provide comments in the box below.

Q Yes No

17 **Breathing conditions:** asthma wheeziness shortness of breath bronchitis croup emphysema

18 COPD **Sleeping conditions:** sleeplessness severe snoring obstructive sleep apnoea CPAP used

19 **Heart conditions:** palpitations irregular heart beat heart murmur angina heart attack chest pain
 congestive heart failure rheumatic fever

20 **Stroke or Transient Ischaemic Attack (TIA)**

21 **High blood pressure or blood pressure controlled with medication**

22 **Blood clots:** deep vein thrombosis (DVT) pulmonary embolus (PE)

23 **Family history of blood clots**

24 **Blood or bleeding conditions:** anaemic bruising

25 **Family history of blood or bleeding conditions**

26 **Stomach and digestive conditions:** indigestion heartburn | acid reflux hiatus herniae peptic ulcer

27 **Bowel conditions:** irritable bowel syndrome constipation bowel disease

28 **Liver disease:** jaundice hepatitis

29 **Kidney conditions**

30 **Diabetes:** type 1 type 2 requiring insulin requiring tablets diet controlled

31 **Thyroid conditions**

32 **Parkinson's disease**

33 **Epilepsy, seizures, blackouts or fainting**

34 **Migraines or severe headaches**

35 **Alzheimers or dementia**

36 **Mental function conditions:** head injury concussion confusion or disorientation

37 **Mental health conditions**

38 **Emotional conditions:** anxiety phobia post traumatic stress disorder (PTSD)

39 **Arthritis:** osteoarthritis rheumatoid other

40 **Neck or back conditions**

41 **Gum or dental health conditions**

42 **Tuberculosis (TB)**

43 **HIV or AIDS**

44 **Infection or treatment for resistant organisms:** MRSA ESBL VRE OTHER

45 **Cancer**

If Yes, please specify and provide details of any recent treatment in the Comments box below

46 **Other condition(s) not listed above**

If Yes, please specify in the Comments box below

RE QUESTION

YOUR COMMENT

21

GP says my blood pressure is slightly high, but am not taking any medicine.

----Example----

Need more space for your comments? Please continue on a separate sheet and attach it to this page.

Surname (family name)

Hospital Administration only
(Patient label)

First name (s)

Section B In Preparation For Your Hospital Admission

B1. YOUR ALLERGIES, SENSITIVITIES, OR INTOLERANCES

Q Yes No

47 Are you **allergic to latex**?

48 Do you have **any other allergies, sensitivities or intolerances**?
If **Yes**, please specify and describe the reaction using the box below

| | Item | Reaction |
|-------------------------|--------------------------|----------------------|
| Skin-related | Plasters ----Example---- | Rash ----Example---- |
| Medicine-related | | |
| Food-related | | |
| Other | | |

B2. YOUR NEEDS AND PREFERENCES

Please answer these questions to help us to tailor how we care for you.

If you answer **Yes** to any of these questions, we may contact you to discuss your specific needs.

Q Yes No

If Yes

49 Do you have a **disability**?

Specify:

50 Do you have **difficulty understanding English**?

Your preferred language:

51 Do you have any **religious or spiritual needs** you would like us to know about?

Specify:

52 Do you have any **cultural or family needs** you would like us to know about?

Specify:

53 Do you have any **other special needs** you would like us to know about?

Specify:

54 If your procedure requires the **removal of body parts**, would you like them returned to you if this is possible?

55 Do you have any **dietary requirements**?

vegetarian vegan diabetic gluten free
 halal dairy free other

56 Do you have any **specific food dislikes**?

Specify

For allergies or intolerances, refer to question 48

Surname (family name)

Hospital Administration only
(Patient label)

First name (s)

Section C In Preparation For Your Procedure

C1. MEDICAL PROCEDURE HISTORY

Height _____ metres **Weight** _____ kilograms

Q Yes No

57 Have you previously had any procedures / operations or other hospital admissions?
If **Yes**, please outline your previous admissions in the table below. If you need more space, please continue on a separate sheet and attach it to this page

| Procedure or event | Year | Hospital |
|--------------------|------|----------|
| | | |
| | | |
| | | |

C2. ANAESTHESIA CONSIDERATIONS

Q Yes No

58 Have you had an **anaesthetic** before? general spinal epidural unsure

59 Do you have any of these **dental features**? upper denture lower denture crown(s) / cap(s)
 partial plate loose or chipped teeth

60 Do you **drink alcohol**? How much? _____

C3. PERSONAL ITEMS

Do you use any of these personal items?

Q Yes No

If **Yes**, use this space to provide details, if needed

61 Mobility aids such as a walking stick or cane?

62 Glasses or contact lenses

63 Hearing aids

C4. BLOOD CLOT AND INFECTION CONSIDERATIONS

Q Yes No

64 Have you completed the pre-admission risk assessment in the **Blood Clots and YOU** brochure?

65 Have you recently been on a **long distance flight**? If **Yes**, when? _____

66 If your operation is within the next 3 days: Have you had, or been in contact with anyone who has had **vomiting or diarrhoea**?

67 If your operation is within the next 7 days: Have you experienced **flu-like symptoms**, or been in contact with anyone diagnosed with **influenza**?

68 If your operation is within the next 4 weeks: Have you had a **head cold, throat or chest infection, or bronchitis**?

69 In the past 12 months, have you **travelled overseas**?

If **Yes**, please specify the country: _____

70 In the past 12 months, have you been a patient or employee in a hospital or rest home in **New Zealand or overseas**?

If **Yes**, please specify the country: _____

71 Do you have any **boils, cuts, sores, scratches or other skin infections**?

If **Yes**, specify: _____

72 Do you have (or have you recently had) a **urine infection**?

If **Yes**, specify: _____

C5. OTHER CONCERNS

Q Yes No

73 Is there anything we need to know that you prefer not to write on this questionnaire?

If **Yes**, please discuss with your nurse or medical specialist when you arrive at the hospital

74 Do you have anxieties, concerns, or questions you wish to discuss before your procedure?

If **Yes**, who would you like to speak with?

your surgeon
 a nurse

your anaesthetist
 one of our admin. staff

Surname (family name)

First name (s)

Hospital Administration only
(Patient label)

Section D Your Current Medicines

For your safety, it is extremely important that your doctor and nurses know precisely which medicines you are currently using.

Important instructions.

- List below all medicines you currently use, and bring them with you to the centre in their original containers.
- If you are taking any **blood thinning medication or supplements**, check with your surgeon if these need to be stopped prior to your admission.
- If you have a medication card or printout from your GP or pharmacist, please bring it with you to the centre, as well as completing the list below.

| MEDICINE REMINDERS | | | | | |
|---|-----------------------|------------------------------|----------------------|--|----------------------|
| Which of the examples below apply to you? | | | | | |
| There are many types of medicine | | Medicines come in many forms | | Medicines are taken for many common conditions | |
| <i>prescription medicines</i> | <i>vitamins</i> | <i>tablets</i> | <i>patches</i> | <i>heart disease</i> | <i>infections</i> |
| <i>herbal medicines</i> | <i>supplements</i> | <i>capsules</i> | <i>suppositories</i> | <i>high blood pressure</i> | <i>diabetes</i> |
| <i>natural medicines</i> | <i>contraceptives</i> | <i>inhalers</i> | <i>creams</i> | <i>blood thinning</i> | <i>sleeplessness</i> |
| <i>homeopathic medicines</i> | <i>steroids</i> | <i>drops</i> | <i>injections</i> | <i>dietary deficiencies</i> | <i>epilepsy</i> |
| <i>over-the-counter medicines</i> | | <i>syrups</i> | <i>other liquids</i> | <i>emotional conditions</i> | |

| D1. YOUR CURRENT MEDICINES | | | CENTRE USE ONLY | | | | | |
|--|----------|----------------------------|---|-----------------|--------------------------|-------------------------------|---------------|------------------------------------|
| Patient to complete - list <u>all</u> medicines you currently use. | | | Reconciled: Yes (x) No (x) Not available (NA) | | | | | |
| Name of medicine <small>----Example----</small> | Strength | How much you use, and when | Medicine container | Medication card | Patient or whānau/family | Other (state) eg, 'phoned GP' | Comment if No | ON ADMISSION: Date/time last taken |
| Paracetamol | 500mg | 2 capsules every 6 hours | - | - | - | - | - | - |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |

If required, please continue on the reverse

This is not a prescription or an instruction to administer medicines

